

# **Knowing Which Markets To Swing Trade And When To Go Long Or Short**

**Presented by**

**Eversley Forte**

**408-244-4895**

**[trading@behindscenes.com](mailto:trading@behindscenes.com)**

## **DISCLAIMER**

**Options and Futures involve risk and are not suitable for all investors. Prior to buying or selling an option, a person must receive a copy of Characteristics and Risks of Standardized Options (ODD). Copies of the ODD are available from your broker, by calling 1-888-OPTIONS, or from The Options Clearing Corporation, One North Wacker Drive, Suite 500, Chicago, Illinois 60606. The information on this presentation is provided solely for general education and information purposes and therefore should not be considered complete, precise, or current. Any strategies discussed including examples using actual securities and price data are strictly for educational and illustrative purposes. No statement within this presentation should be construed as a recommendation to buy or sell a security or to provide investment advice.**

**Notice: The material contained in this presentation are Eversley Forte's thoughts, ideas, and approach to trading the markets which have worked for him consistently in the past. Each individual investor will need to determine for themselves how they want to approach trading the markets and their own methods of managing the associated risks.**

<b>Symbol</b>	<b>Sector</b>
DIA	Dow Jones
EEM	Emerging Markets
EFA	Europe, Australia, Asia
EWG	Germany
EWH	Hong Kong
FXI	China
GDX	Gold Miners
GLD	Gold
IBB	Biotechnology
IWM	Russell
IYR	Real Estate
QQQ	Nasdaq
SLV	Silver
SPY	S&P
TLT	Treasury Bond
UNG	Natural Gas
USO	Oil
VNQ	Real Estate
VWO	Emerging Markets
XHB	Homebuilders
XLB	Basic Materials
XLE	Energy
XLF	Financial
XLI	Industrial
XLK	Technology
XLV	Health Care
XME	Metals & Mining
XOP	Oil & Gas Exploration & Production
XRT	Retail



**Valid Daily ETF Option Trades in 2023**

Date	Symbol	Strategy	Long or Short	Status
02/09/23	XLI	ETF Sqz	Short	Win
02/06/23	XHB	ETF Sqz	Short	Win
02/06/23	XRT	ETF Sqz	Short	Win
02/03/23	IWM	ETF Sqz	Short	Win
02/03/23	IYR	ETF Sqz	Short	Win
02/03/23	QQQ	ETF Sqz	Short	Win
02/02/23	USO	Donchian TLines	Short	Win
02/02/23	XLE	Donchian TLines	Short	Win
02/02/23	SLV	ETF Sqz	Short	Win
02/02/23	SPY	ETF Sqz	Short	Win
02/02/23	VNQ	ETF Sqz	Short	Win
01/30/23	SPY	ETF Sqz	Short	Win
01/30/23	XOP	ETF Sqz	Short	Win
01/30/23	XRT	ETF Sqz	Short	Win
01/27/23	XLK	Donchian Cross	Long	Win
01/27/23	EWH	ETF Sqz	Short	Win
01/26/23	XLB	Donchian Cross	Long	Win
01/26/23	SPY	Donchian Cross & Ichimoku Hook	Long	Win
01/26/23	VNQ	Donchian Cross & Ichimoku Hook	Long	Win
01/26/23	QQQ	Ichimoku Hook	Long	Win
01/26/23	XLK	Ichimoku Hook	Long	Win
01/25/23	VWO	ETF Sqz	Short	Win
01/24/23	TLT	Donchian Cross	Long	Win
01/23/23	XRT	Donchian Cross & Ichimoku Hook	Long	Win
01/20/23	IBB	Donchian Cross	Long	Win
01/19/23	IWM	Donchian Cross	Long	Win
01/19/23	IBB	ETF Sqz	Short	Win
01/19/23	XME	ETF Sqz	Short	Win
01/18/23	USO	ETF Sqz	Short	Win
01/18/23	XLI	ETF Sqz	Short	Win
01/17/23	XLF	Donchian Cross	Long	Win
01/17/23	FXI	ETF Sqz	Short	Win
01/17/23	XLE	Ichimoku Hook	Long	Win
01/17/23	XOP	Ichimoku Hook	Long	Win
01/13/23	IWM	Ichimoku Hook	Long	Win
01/12/23	IBB	Donchian Hook	Long	Win
01/12/23	TLT	Donchian Hook	Long	Win
01/12/23	XLF	Ichimoku Hook	Long	Win
01/11/23	VNQ	Donchian Hook	Long	Win
01/10/23	TLT	Donchian TLines	Long	Win
01/09/23	DIA	Donchian Hook	Long	Win
01/09/23	IWM	Donchian Hook	Long	Win
01/09/23	SPY	Donchian Hook	Long	Win
01/09/23	XRT	Donchian Hook	Long	Win
01/09/23	IYR	Donchian Hook & Donchian TLines	Long	Win
01/09/23	XLB	Donchian Hook & Donchian TLines	Long	Win
01/06/23	XHB	Donchian Hook	Long	Win
01/06/23	XLF	Donchian Hook	Long	Win
01/06/23	XLI	Donchian Hook & Donchian TLines	Long	Win
01/06/23	XME	Donchian Hook & Donchian TLines	Long	Win
01/05/23	GLD	ETF Sqz	Short	Win
01/03/23	GDX	Donchian TLines	Long	Win
01/03/23	XLF	Donchian TLines	Long	Win

Sector	Symbol
Dow Jones	DIA
Emerging Markets	EEM
Europe, Australia, Asia	EFA
Germany	EWG
Hong Kong	EWH
China	FXI
Gold Miners	GDX
Gold	GLD
Biotechnology	IBB
Russell	IWM
Real Estate	IYR
Nasdaq	QQQ
Silver	SLV
S&P	SPY
Treasury Bond	TLT
Natural Gas	UNG
Oil	USO
Real Estate	VNQ
Emerging Markets	VWO
Homebuilders	XHB
Basic Materials	XLB
Energy	XLE
Financial	XLF
Industrial	XLI
Technology	XLK
Health Care	XLV
Metals & Mining	XME
Oil & Gas Exploration & Production	XOP
Retail	XRT

Total 2023 Trades = 60	Win %
Total 1 ATR Target Wins - 60	100%
Total 1 ATR Target Losses = 0	0%
Long Total Trades = 38	
Long 1 ATR Target Wins - 38	100%
Long 1 ATR Target Losses - 0	0%
Short Total Trades = 22	
Short 1 ATR Target Wins = 22	100%
Short 1 ATR Target Losses = 0	0%

# Options Coaching Details (2 Programs)

## Daily Chart Option Program (6 Daily Chart Option Swing Trading Strategies - \$1750):

This is a perfect swing trading program for the active trader who already has some experience trading options, is skilled at using their charting and analysis platforms, and just wants to increase profitability and consistency. We provide comprehensive Trading Plans for each of the 5 Ichimoku/Donchian Daily Chart setups we specialize in. These strategies produce 20 to 40 potential swing trades each month. Win/loss % stats will be provided for each ETF. We only take trades where we expect 84% wins or higher. The 28 ETFs we trade cover all of the major markets and sectors, interest rate ETFs, and international markets.

After consulting with you, we will customize a plan using specific ETFs and strategies to most effectively achieve your goals, and which fits into your lifestyle. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. We also make available periodic updates to the win/loss % stats for each ETF.

We will do a monthly review of your trades to make sure that any losses you experience, were just normal and expected losses. If losses were due to any other reason, we will identify that cause, and try to eliminate it going forward. After 3-6 months of consistently trading the strategies, we will evaluate what is working for you and what is not. We will then make adjustments accordingly to fine tune and improve trading results. We do ask you to commit to at least 6 months of trading the methodology, to really understand the monthly profit/loss expectations. We will provide as much individualized guidance as possible during this time.

We will meet either via online conferencing using Zoom, or in person if you happen to live in the San Francisco Bay Area. We will make sure your charts are set up properly on your computer, and you have a good understanding of the trading strategies along with the related position management. That usually takes 5-7 hours for the option strategies. The first few meetings are usually 1-2 hours per session, either via online conferencing or in-person. After the initial meetings, we will be primarily communicating via phone, email, or online conferencing as needed each week when questions come up regarding trades. We try to be flexible with clients, since we all live busy lives. I am available to schedule coaching sessions on Monday, Tuesday, Wednesday, Friday, and Sunday. We can arrange for either online video conferencing using Zoom, or in person sessions.

### **One-On-One Coaching:**

Through the years we have learned that some people prefer to be taught one-on-one. If you select this type of coaching, Eversley will work directly with you, either face to face or online using Zoom. This type of coaching will enable you to learn more quickly, and begin trading the Futures strategies live, much sooner. Eversley will focus his full attention on your needs, tailor his coaching based on your level of experience, and give you his full attention during each of your coaching sessions.

## Full Options Program (5 Weekly Chart and 11 Daily Chart Option Strategies - \$3995)

This is the program we recommend for anyone new to option trading, as well as experienced traders looking to add more consistency and profitability to their trading portfolios. The program also incorporates weekly chart option strategies which require very little attention during the week, but can produce very nice annual returns. For newer traders, we will provide guidance with selection of option brokers, setup of trading and analysis platforms, plus address any questions or concerns that come up.

The Market Internals set of 6 option strategies will also be included with the Full Options Program. Market Internals are like hooking up an analyzer to the market, to see what is really going on. When combined with technical buy/sell signals, we get a very powerful method of predicting short term directional price movement, which we will trade with options.

For **ETF options**, we provide you with comprehensive Trading Plans for each of the 5 Weekly Chart ETF/option long and short strategies. Review on these ETFs is done 1x per week on weekends, with orders placed Monday mornings. There is not much to do during the week with the weekly chart strategies, until the weekend. We will also provide comprehensive Trading Plans for each of the 5 Ichimoku/Donchian Daily Chart setups we specialize in, and the 6 Market Internals Strategies. Win/loss % stats will be provided for each ETF. We only take trades where we expect 84% wins or higher. The 28 ETFs we trade cover all of the major markets and sectors, interest rate ETFs, and international markets. The Daily Chart setups combined with the Weekly Chart setups produce 30 to 50 potential trading opportunities each month.

After consulting with you, we will customize a plan using specific ETFs and strategies to most effectively achieve your goals, and which fits into your lifestyle. There will be at least 6 months of support to get your trading consistent and to deal with various market conditions. We also make available periodic updates to the win/loss % stats for each ETF.

We will do a monthly review of your trades to make sure that any losses you experience, were just normal and expected losses. If losses were due to any other reason, we will identify that cause, and try to eliminate it going forward. After 3-6 months of consistently trading the strategies, we will evaluate what is working for you and what is not. We will then make adjustments accordingly to fine tune and improve trading results. We do ask you to commit to at least 6 months of trading the methodology, to really understand the monthly profit/loss expectations. We will provide as much individualized guidance as possible during this time.

We will meet either via online conferencing using Zoom, or in person if you happen to live in the San Francisco Bay Area. We will make sure your charts are set up properly on your computer, and you have a good understanding of the trading strategies along with the related position management. That usually takes 5-10 hours for the option strategies. The first few meetings are usually 1-2 hours per session, either via online conferencing or in-person. After the initial meetings, we will be primarily communicating via phone, email, or online conferencing as needed each week when questions come up regarding trades. We try to be flexible with clients, since we all live busy lives.

Please call or email with any questions, and to discuss your specific situation and trading goals. We can work on a personalized plan to achieve those goals.

**Bay Area Options and Futures Swing Traders website:**

**[www.behindscenes.com](http://www.behindscenes.com)**

**Meetup site for live events in the Bay Area plus Zoom meetups:**

**[www.meetup.com/Bay-Area-Options-and-Forex-Swing-Traders/](http://www.meetup.com/Bay-Area-Options-and-Forex-Swing-Traders/)**