

# **Supercharge Your Forex and Options Profits Using Market Internals and T-Lines**

**Presented by**

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## **DISCLAIMER**

**Options involve risk and are not suitable for all investors. Prior to buying or selling an option, a person must receive a copy of Characteristics and Risks of Standardized Options (ODD). Copies of the ODD are available from your broker, by calling 1-888-OPTIONS, or from The Options Clearing Corporation, One North Wacker Drive, Suite 500, Chicago, Illinois 60606. The information on this presentation is provided solely for general education and information purposes and therefore should not be considered complete, precise, or current. Any strategies discussed including examples using actual securities and price data are strictly for educational and illustrative purposes. No statement within this presentation should be construed as a recommendation to buy or sell a security or to provide investment advice.**

**Notice: The material contained in this presentation are Eversley Forte's thoughts, ideas, and approach to trading the markets which have worked for him consistently in the past. Each individual investor will need to determine for themselves how they want to approach trading the markets and their own methods of managing the associated risks.**

# CBOE Put/Call Ratios

<http://www.cboe.com/data/historical-options-data/volume-put-call-ratios>

The screenshot displays the CBOE website's 'Cboe Volume & Put/Call Ratios' page. The browser address bar shows the URL: [www.cboe.com/data/historical-options-data/v](http://www.cboe.com/data/historical-options-data/v). The page features a top navigation bar with links for U.S. Options, U.S. Equities, European Equities, Futures, LiveVol, Indexes, Silc, and FX. A secondary navigation bar includes links for Quotes & Data, News, Products, Education, Strategies, Tools & Resources, About Cboe, Institutional, and Advisors. The main content area is titled 'Cboe Volume & Put/Call Ratios' and includes a disclaimer: 'Cboe Volume and Put/Call Ratio data is compiled for the convenience of site visitors and is furnished without responsibility for accuracy and is accepted by the site visitor on the condition that transmission or omissions shall not be made the basis for any claim, demand or cause for action. The information and data was obtained from sources believed to be reliable, but accuracy is not guaranteed. Your use of Cboe Volume and Put/Call Ratio data is subject to the Terms and Conditions of Cboe Websites.' Below the disclaimer, it states: 'Any questions about the data may be directed to the Cboe Help Desk at (866) 728-2263.' A 'Current:' section lists five data series: Cboe Total Exchange Volume and Put/Call Ratios (11-01-2006 to present), Cboe Index Volume and Put/Call Ratios (11-01-2006 to present), Cboe Equity Volume and Put/Call Ratios (11-01-2006 to present), Cboe Exchange Traded Product (ETPs) Volume and Put/Call Ratios (11-01-2006 to present), and Cboe Volatility Index® (VIX®) Volume and Put/Call Ratios (2-24-2006 to present). A sidebar on the left lists 'Historical Options Data' categories: Cboe LiveVol, Cboe DataShop, Annual Market Statistics, Index Settlement Values, Equity Option Volume, Volume & Put/Call Ratios (highlighted), BuyWrite Index Roll, and Individual Index and ETF Volume Reports. A 'Related Links' section on the right includes: Quotes & Data Main, Delayed Quotes, Delayed Quotes Classic, Monthly Volume & RPC Reports, Daily Market Statistics, Intra-day Volume, and Index Settlements. An Ameritrade logo is at the bottom left, and a 'POWERING YOUR POTENTIAL' graphic is at the bottom right.

## Sample Trading Plan: T-Lines Internals Buy – ETF Options

- QQQ - 93% wins with 1.0 ATR target.
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- **Setup:**
- Bullish crossover on the Trigger\_Lines(Daily,20,8). On the signal day or previous day, Plot1 cannot be equal to Plot2.
- Details - Plot1 of the signal day is greater than Plot2 of the signal day. Plot1 of the previous day is less than Plot2 of the previous day.
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- **Trigger:**
- Put/Call Ratio on the signal day must be equal or less than 0.85, or equal or greater than 1.0.
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- **Trade management:**
- Buy Calls at the ETF open price of the next day. One full expiration cycle of time is needed. The first profit target is 1.0x ATR(5). After 1st target is hit, move the stop up to lock in profit, and trail stop on the remaining options.



**Valid T-Lines Market Internals Buy QQQ - Call Options**

Valid Trade Signal Dates	Put/Call Ratio Value	1 x ATR Profit Target Win or Loss	Valid Trade Signal Dates	Put/Call Ratio Value	1 x ATR Profit Target Win or Loss
06/10/19	0.78	1	01/03/12	0.76	1
03/12/19	1.01	1	10/12/11	1.27	1
12/03/18	0.76	0	03/29/11	0.74	1
11/06/18	1.12	0	01/03/11	0.64	1
02/22/18	1.12	1	12/03/10	0.76	1
12/12/17	0.85	1	06/11/10	1.08	1
10/04/17	0.83	1	06/03/10	1.07	1
08/30/17	0.83	1	11/10/09	0.83	1
07/12/17	0.71	1	03/29/11	0.74	1
04/24/17	1.05	1	01/03/11	0.64	1
03/29/17	0.83	1	12/03/10	0.76	1
07/06/16	1.01	1	06/11/10	1.08	1
05/19/16	1.37	1	06/03/10	1.07	1
02/01/16	1.02	1	11/10/09	0.83	1
11/27/15	1.12	1	10/14/09	0.69	1
11/27/15	1.00	0	08/25/09	0.81	1
09/11/15	1.21	1	07/15/09	0.77	1
05/19/15	1.03	1	05/29/09	0.77	1
04/10/15	0.85	1	03/13/09	0.71	1
03/24/15	1.04	1	02/03/09	0.81	1
01/23/15	1.28	1	10/30/08	0.80	0
12/26/14	0.73	1	05/30/08	0.84	0
08/15/14	1.01	1	04/18/08	0.82	1
04/23/14	1.01	1	03/24/08	0.82	1
02/11/14	0.84	1	02/27/08	1.09	1
01/15/14	0.75	1	11/30/07	1.06	1
12/20/13	0.75	1	08/24/07	1.06	1
11/15/13	0.75	1	06/14/07	0.79	1
09/05/13	0.82	1	03/21/07	1.13	1
07/08/13	1.04	1	02/12/07	1.18	1
04/24/13	0.79	1	11/08/06	0.78	1

**T-Lines Market  
Internals Buy - QQQ**

Total Trades = 62  
Long 1x ATR Wins = 56  
Win % = 90%

1 = win  
0 = loss

X = Still in progress

## Sample Trading Plan: Squeeze Put/Call Buy - ETF Options

- QQQ - 87% wins with 1.0 ATR target.
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- **Setup:**
- On the signal day the Squeeze Histogram is increasing from the previous day. Histogram on each of the previous 2 days is less than zero and decreasing from the previous day.
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- **Trigger:**
- Put/Call Ratio on the signal day is equal to or less than 0.85, or is equal to or greater than 1.0.
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- **Trade Management:**
- Buy Calls at the ETF open price of the next day. One full expiration cycle of time is needed. The first profit target is 1.0x ATR(5). After 1st target is hit, move the stop up to lock in profit, and trail stop on the remaining options.



**Valid Squeeze Market Internals Buy QQQ - Call Options**

Valid Trade Signal Dates	Put/Call Ratio Value	1 x ATR Profit Target Win or Loss	Valid Trade Signal Dates	Put/Call Ratio Value	1 x ATR Profit Target Win or Loss
08/16/19	1.10	1	10/16/12	0.81	0
08/08/19	1.05	1	10/04/12	0.81	0
06/04/19	0.81	1	04/25/12	0.76	1
12/28/18	0.78	1	10/06/11	1.24	1
11/28/18	0.84	1	08/23/11	1.02	1
10/30/18	1.18	1	08/15/11	1.12	1
10/25/18	1.03	1	06/14/11	1.02	1
10/16/18	1.03	0	05/31/11	0.76	1
04/05/18	0.85	1	03/21/11	0.74	1
02/14/18	1.17	1	12/01/10	0.79	1
12/11/17	0.82	1	11/24/10	1.05	1
09/29/17	1.05	1	09/01/10	0.82	1
08/22/17	1.02	1	07/09/10	0.84	1
11/07/16	1.22	1	06/10/10	1.00	1
09/15/16	0.84	1	05/27/10	1.01	1
06/29/16	1.17	1	02/03/10	0.84	1
06/23/16	1.28	1	10/09/09	0.79	1
05/10/16	1.07	1	07/10/09	1.07	1
01/22/16	1.11	1	06/29/09	0.78	1
12/23/15	0.84	1	05/26/09	0.72	1
*8/26/15	1.04	0	03/10/09	0.72	1
08/14/15	1.01	0	11/25/08	0.78	1
07/10/15	1.02	1	11/10/08	1.11	0
05/14/15	0.79	0	09/18/08	1.18	0
01/20/15	0.80	1	09/12/08	1.01	1
01/08/15	0.85	1	07/15/08	1.16	1
12/18/14	0.78	0	07/08/08	1.02	1
10/17/14	1.20	1	03/18/08	1.00	1
08/13/14	1.08	1	03/11/08	1.11	1
04/09/14	0.61	1	11/27/07	0.82	1
08/23/13	0.81	1	08/17/07	1.24	1
06/26/13	0.85	1	08/08/07	1.01	1
03/04/13	1.12	1	03/15/07	1.15	1
11/16/12	1.03	1	01/04/07	0.82	1

<b>Squeeze Market Internals Buy - QQQ</b>
Total Trades = 68
Total 1x ATR Wins = 59
Win % = 87%

1 = win
0 = loss

X = Still in progress
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* partial loss
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## Valid Market Internals Option Trades in 2019 (Call Options)

Date	Symbol	Strategy	Status	Date	Symbol	Strategy	Status
09/17/19	QQQ	Gap and Go	In progress	06/04/19	QQQ	Squeeze	Win
09/17/19	XLK	Gap and Go	In progress	06/04/19	SPY	Squeeze	Win
09/12/19	SPY	Gap and Go	In progress	06/04/19	XLI	Squeeze	Win
09/11/19	QQQ	Gap and Go	In progress	06/04/19	DIA	Stochastics	Win
09/11/19	XLK	Gap and Go	In progress	06/04/19	QQQ	Stochastics	Win
09/05/19	QQQ	Tenkan Flat	In progress	06/04/19	SPY	Stochastics	Win
09/05/19	XLI	Tenkan Flat	Win	06/04/19	XLI	Stochastics	Win
09/05/19	XLK	Tenkan Flat	In progress	06/04/19	XLK	Stochastics	Win
09/04/19	DIA	Gap and Go	Win	05/30/19	QQQ	Gap and Go	Win
09/04/19	QQQ	Gap and Go	Win	05/30/19	XLK	Gap and Go	Win
09/04/19	SPY	Gap and Go	Win	05/30/19	QQQ	Stochastics	Win
09/04/19	XLK	Gap and Go	Win	05/30/19	XLK	Stochastics	Win
08/28/19	QQQ	Tenkan Flat	Win	05/21/19	QQQ	Gap and Go	Win
08/28/19	XLI	Tenkan Flat	Win	05/21/19	XLK	Gap and Go	Win
08/28/19	XLK	Tenkan Flat	Win	05/21/19	DIA	Squeeze	Win
08/21/19	DIA	Gap and Go	Win	05/21/19	SPY	Squeeze	Win
08/20/19	QQQ	Tenkan Flat	Win	05/21/19	XLI	Squeeze	Win
08/20/19	XLK	Tenkan Flat	Win	05/16/19	DIA	Squeeze	Win
08/16/19	QQQ	Squeeze	Win	05/16/19	SPY	Squeeze	Win
08/16/19	QQQ	Tenkan Flat	Win	05/16/19	XLI	Squeeze	Win
08/16/19	XLK	Tenkan Flat	Win	05/03/19	DIA	Gap and Go	Win
08/08/19	DIA	Squeeze	Win	05/03/19	QQQ	Gap and Go	Win
08/08/19	QQQ	Squeeze	Win	05/03/19	SPY	Gap and Go	Win
08/08/19	SPY	Squeeze	Win	05/03/19	XLK	Gap and Go	Win
08/08/19	XLI	Squeeze	Win	04/01/19	XLI	Tenkan Flat	Win
08/06/19	DIA	Stochastics	Win	03/22/19	XLI	Tenkan Flat	Win
08/06/19	QQQ	Stochastics	Win	03/18/19	DIA	Squeeze	Win
08/06/19	SPY	Stochastics	Win	03/18/19	XLI	Squeeze	Win
08/06/19	XLI	Stochastics	Win	03/12/19	QQQ	20.8 TLines	Win
08/06/19	XLK	Stochastics	Win	03/12/19	XLK	20.8 TLines	Win
06/14/19	QQQ	Tenkan Flat	Win	03/11/19	QQQ	Gap and Go	Win
06/14/19	XLK	Tenkan Flat	Win	03/11/19	SPY	Gap and Go	Win
06/13/19	DIA	Gap and Go	Win	03/11/19	XLK	Gap and Go	Win
06/13/19	QQQ	Gap and Go	Win	03/11/19	DIA	Stochastics	Win
06/13/19	SPY	Gap and Go	Win	03/11/19	SPY	Stochastics	Win
06/13/19	XLK	Gap and Go	Win	03/11/19	XLI	Stochastics	Win
06/10/19	QQQ	20.8 TLines	Win	02/22/19	QQQ	Gap and Go	Win
06/10/19	XLK	20.8 TLines	Win	02/22/19	XLK	Gap and Go	Win
06/07/19	DIA	20.8 TLines	Win	02/15/19	SPY	Gap and Go	Win
06/07/19	QQQ	Tenkan Flat	Win	01/15/19	QQQ	Tenkan Flat	Win
06/07/19	XLK	Tenkan Flat	Win	01/15/19	XLI	Tenkan Flat	Win
06/06/19	SPY	Tenkan Hook	Win	01/15/19	XLK	Tenkan Flat	Win
06/04/19	DIA	Squeeze	Win	01/04/19	QQQ	Tenkan Hook	Win
				01/04/19	SPY	Tenkan Hook	Win