

Trading Seasonal Patterns With Options and Sector ETFs

**Presented by
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About This Presentation

This presentation outlines our futures and options swing trading coaching programs designed to help traders build **consistent, repeatable profitability** through disciplined strategies, risk management, and one-on-one coaching.

The material is intended for **educational purposes** and for individuals evaluating professional trading coaching services.

Important Risk Disclosure

Options and Futures trading involve substantial risk and are not suitable for all investors.

Prior to trading options, investors must review the *Characteristics and Risks of Standardized Options (ODD)*, available from your broker or The Options Clearing Corporation.

All strategies and examples discussed are for **educational and illustrative purposes only** and should not be interpreted as investment advice or a recommendation to buy or sell any security.

Trading results vary by individual. Each trader must determine their own risk tolerance, capital allocation, and trading approach.

Symbol	Sector
DIA	Dow Jones
EEM	Emerging Markets
EFA	Europe, Australia, Asia
EWG	Germany
EWH	Hong Kong
FXI	China
GDX	Gold Miners
GLD	Gold
IBB	Biotechnology
IWM	Russell
IYR	Real Estate
QQQ	Nasdaq
SLV	Silver
SPY	S&P
TLT	Treasury Bond
UNG	Natural Gas
USO	Oil
VNQ	Real Estate
VWO	Emerging Markets
XHB	Homebuilders
XLB	Basic Materials
XLE	Energy
XLF	Financial
XLI	Industrial
XLK	Technology
XLV	Health Care
XME	Metals & Mining
XOP	Oil & Gas Exploration & Production
XRT	Retail

Weekly Composite Seasonal Chart of S&P 500

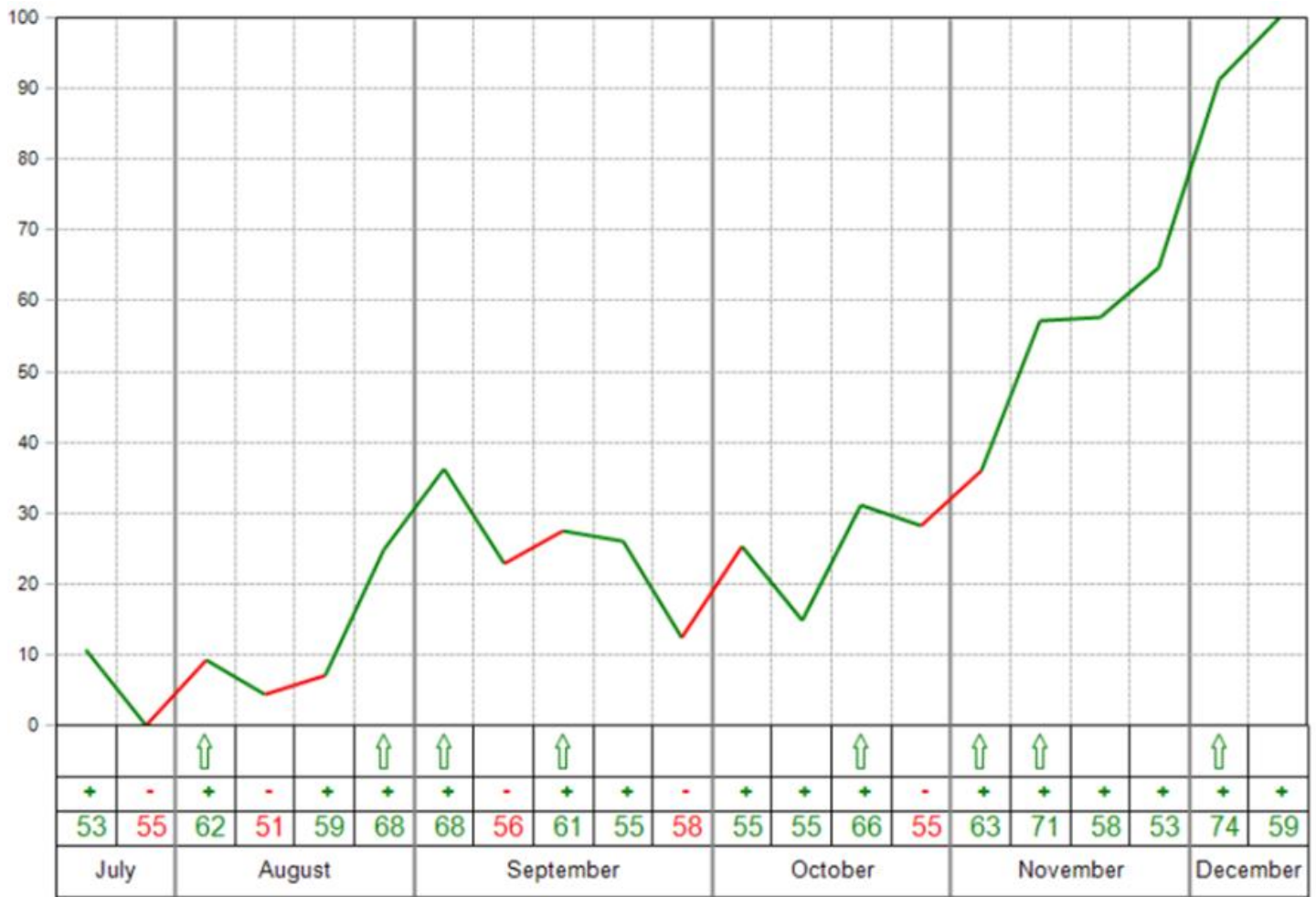


Image is from www.seasonaltrader.com

Valid Option Trades DIA QQQ SPY Sept 15 thru Nov 15 - Partial Listing						
Valid Trade Date	Symbol	Strategy	Long or Short	Status	Sector	Symbol
11/13/25	DIA	Donchian TLines	Long	Win	Dow Jones	DIA
10/21/25	SPY	Donchian TLines	Long	Win	Nasdaq	QQQ
10/21/25	DIA	Super Trend	Long	Win	S&P	SPY
10/20/25	QQQ	Donchian TLines	Long	Win		
10/20/25	SPY	Super Trend	Long	Win	Long Total Trades = 192	
11/06/24	DIA	Super Trend	Long	Win	Long Wins - 183	95%
11/06/24	QQQ	Super Trend	Long	Win	Long Losses = 9	5%
11/06/24	SPY	Super Trend	Long	Win		
10/18/24	DIA	Donchian TLines	Long	Win		
09/17/24	SPY	Donchian TLines	Long	Win		
11/10/23	SPY	Sqz Play	Long	Win		
11/09/23	SPY	Ichimoku Hook	Long	Win		
11/08/23	QQQ	Ichimoku Hook	Long	Win		
11/03/23	DIA	Ichimoku Hook	Long	Win		
11/01/23	DIA	Super Trend	Long	Win		
11/01/23	QQQ	Super Trend	Long	Win		
11/01/23	SPY	Super Trend	Long	Win		
10/16/23	DIA	Sqz Play	Long	Win		
10/16/23	QQQ	Sqz Play	Long	Win		
10/16/23	SPY	Sqz Play	Long	Win		
10/13/23	DIA	Donchian TLines	Long	Win		
10/11/23	QQQ	Donchian Hook	Long	Win		
10/10/23	DIA	Super Trend	Long	Win		
09/18/23	SPY	Donchian Cross	Long	Win		
09/15/23	QQQ	Donchian Cross	Long	Win		
11/14/22	QQQ	Donchian Cross	Long	Loss		
11/11/22	QQQ	Ichimoku Hook	Long	Win		
11/10/22	QQQ	Super Trend	Long	Win		
11/04/22	SPY	Donchian Cross	Long	Win		
11/04/22	DIA	Sqz Play	Long	Win		
10/28/22	SPY	Ichimoku Hook	Long	Win		
10/24/22	DIA	Ichimoku Hook	Long	Win		
10/21/22	QQQ	Sqz Play	Long	Win		
10/21/22	SPY	Sqz Play	Long	Win		
10/05/22	SPY	Super Trend	Long	Win		
10/04/22	DIA	Super Trend	Long	Win		
10/04/22	QQQ	Super Trend	Long	Win		
10/26/21	DIA	Donchian Cross	Long	Win		
10/26/21	SPY	Donchian Cross	Long	Win		
10/25/21	QQQ	Ichimoku Hook	Long	Win		
10/19/21	SPY	Ichimoku Hook	Long	Win		
10/18/21	QQQ	Donchian Hook	Long	Win		
10/15/21	SPY	Donchian Hook	Long	Win		
10/15/21	DIA	Ichimoku Hook	Long	Win		
10/14/21	DIA	Sqz Play	Long	Win		
10/13/21	SPY	Sqz Play	Long	Win		
10/07/21	DIA	Super Trend	Long	Win		
10/07/21	QQQ	Super Trend	Long	Win		
10/07/21	SPY	Super Trend	Long	Win		

Valid Option Trades XLI XLK Sept 15 thru Nov 15 - Partial Listing						
Valid Trade Date	Symbol	Strategy	Long or Short	Status	Sector	Symbol
10/24/25	XLI	Donchian TLines	Long	Win	Industrial	XLI
10/21/25	XLI	Super Trend	Long	Win	Technology	XLK
10/20/25	XLK	Donchian TLines	Long	Win		
09/23/25	XLI	Donchian Cross	Long	Win	Long Total Trades = 130	
09/19/25	XLI	Donchian Hook	Long	Win	Long Wins - 128	98%
09/18/25	XLI	Sqz Play	Long	Win	Long Losses = 2	2%
11/06/24	XLI	Super Trend	Long	Win		
11/06/24	XLK	Super Trend	Long	Win		
09/26/24	XLK	Donchian Cross	Long	Win		
09/19/24	XLK	Donchian Hook	Long	Win		
09/16/24	XLI	Donchian TLines	Long	Win		
11/15/23	XLI	Donchian Cross	Long	Win		
11/14/23	XLI	Ichimoku Hook	Long	Win		
11/10/23	XLI	Sqz Play	Long	Win		
11/06/23	XLK	Ichimoku Hook	Long	Win		
11/02/23	XLI	Super Trend	Long	Win		
11/01/23	XLK	Super Trend	Long	Win		
10/17/23	XLK	Sqz Play	Long	Win		
10/10/23	XLK	Donchian Hook	Long	Win		
10/09/23	XLK	Donchian TLines	Long	Win		
09/15/23	XLK	Donchian Cross	Long	Win		
10/28/22	XLK	Ichimoku Hook	Long	Win		
10/28/22	XLK	Sqz Play	Long	Win		
10/25/22	XLI	Ichimoku Hook	Long	Win		
10/11/22	XLI	Sqz Play	Long	Win		
10/04/22	XLI	Super Trend	Long	Win		
10/04/22	XLK	Super Trend	Long	Win		
10/26/21	XLK	Donchian Cross	Long	Win		
10/19/21	XLI	Ichimoku Hook	Long	Win		
10/19/21	XLK	Ichimoku Hook	Long	Win		
10/15/21	XLK	Donchian Hook	Long	Win		
10/13/21	XLI	Sqz Play	Long	Win		
10/07/21	XLI	Super Trend	Long	Win		
10/07/21	XLK	Super Trend	Long	Win		
09/24/21	XLI	Super Trend	Long	Win		
11/09/20	XLI	Donchian Hook	Long	Win		
11/09/20	XLK	Donchian Hook	Long	Win		
11/09/20	XLK	Donchian TLines	Long	Win		
11/03/20	XLI	Super Trend	Long	Win		
10/15/20	XLK	Donchian Cross	Long	Win		
10/15/20	XLI	Sqz Play	Long	Win		
10/08/20	XLI	Donchian Hook	Long	Win		
10/05/20	XLI	Donchian TLines	Long	Win		
10/05/20	XLK	Sqz Play	Long	Win		
10/01/20	XLK	Donchian Hook	Long	Win		
09/28/20	XLI	Super Trend	Long	Win		
09/28/20	XLK	Super Trend	Long	Win		
09/15/20	XLI	Donchian TLines	Long	Win		
10/30/19	XLI	Donchian Cross	Long	Win		

2026 Coaching Special

 Offer expires: Midnight, Sunday August 9, 2026

Limited-Time Discounts

- **\$250 off** – Futures Swing Trading Program
- **\$250 off** – Daily Chart Options Swing Trading Program
- **\$750 off** – Combined Futures & Options Program (*Best Value*)
- **\$750 off** – Full Options Program (Daily & Weekly Strategies)

 Contact us through our website form or email us to receive the discounted pricing.

****Discounts apply to standard program pricing listed below ****

Options Coaching Programs

Daily Chart Options Program

8 Swing Trading Strategies | \$1,750

This is the program we recommend for anyone new to option trading, as well as experienced traders looking to add more consistency and profitability to their trading portfolios. For newer traders, we will provide guidance with selection of option brokers, setup of trading and analysis platforms, plus address any questions or concerns that come up.

Program Highlights

- 20–40 trade opportunities per month
- Focus on high-probability trades (historically 84%+ win rate)
- Comprehensive trading plans for each setup
- 28 ETFs covering major markets, sectors, and international markets
- Win/loss statistics provided and updated periodically

Each coaching plan is customized based on your goals, preferred markets, and lifestyle.

Ongoing Support & Trade Review

- Minimum 6 months of coaching support
- Monthly review of all trades
- Identification of execution or process errors
- Adjustments to strategies based on performance
- Clear expectations around normal vs. avoidable losses

This structured review process helps traders develop discipline, consistency, and confidence across different market environments.

Coaching Format & Availability

- Initial setup sessions for charting and analysis platforms: 1–2 hours.
- 1-2 hour long coaching sessions scheduled weekly at mutually agreed upon days and times.
- Ongoing 1-on-1 support as needed throughout the program.

We prioritize flexibility and practical implementation for busy professionals.

Futures Coaching Program

Index & Currency Futures Swing Trading

Investment: \$1,745

This program is designed for both **new and experienced traders** seeking structure, discipline, and consistency.

What's Included

- 10 professionally developed futures trading strategies
- Detailed written trading plans for each setup
- Historical win/loss statistics and expectancy models
- Position sizing and profit-maximization techniques
- Coverage of ES, NQ, RTY, YM, AD, BP, CD, EC, and SF contracts

Coaching & Support

- Minimum **6 months of guided support**
- Monthly trade reviews and performance analysis
- Strategy refinement based on your results
- Direct coaching access via phone, Zoom, and email

This program is strongly recommended for traders seeking a **structured path to consistency**.

One-On-One Coaching

Some traders learn best with individual attention. In private coaching sessions, Eversley works directly with you to:

- Accelerate the learning process
- Customize strategies to your experience level
- Help transition from simulation to live trading with confidence

Sessions are conducted **via Zoom or in person** (San Francisco Bay Area).

Combined Futures & Options Program

Futures + Options Daily Chart Strategies

Investment: \$3,495

This comprehensive program combines our futures and options strategies.

Program Highlights

- 10 Daily Chart Futures strategies
- 8 Daily Chart Options strategies
- ETF options with historical win rates of **84%+**
- 28 ETFs covering major markets, sectors, and international exposure
- 20–40 trade opportunities per month

Ongoing Development

- Monthly performance reviews
- Strategy optimization after 3–6 months
- Periodic statistical updates
- Personalized planning based on lifestyle and goals

Training Format

- Initial setup sessions for charting and analysis platforms: 1–2 hours.
- 1-2 hour long coaching sessions scheduled weekly at mutually agreed upon days and times.
- Ongoing 1-on-1 support as needed throughout the program.

We prioritize flexibility and practical implementation for busy professionals.

Next Steps

Call or email to discuss your trading goals and determine the best path forward to achieve those goals.

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 Bay Area Options & Futures Swing Traders Meetup:

<http://www.meetup.com/Bay-Area-Options-and-Forex-Swing-Traders/>